



S H A M B A L A
B E A U T Y M E N U

T H E N E W W A Y O F S P A

shambalaspa.co.uk

Facials

Elements

For this relaxing facial we use organic products and Ayurvedic inspired massage techniques tailored to your skins needs. These products and techniques are based on the individual body types in

Ayurveda:

Vata (Air), Pitta (Fire) and Kapha (Water).

60min

£85

Anti Age Rejuvenation

Powerful organic plant extract combined with pampering massage techniques to restore the skin for a glowing complexion and enriched by an energizing Crystals Pressure Point Massage.

60min

£95

Anti Stress Royal Facial

This ultimate facial and foot massage combines Chakra stones and natural oils in a superb Crystals Massage.

90min

£130

Netra Eye Contour

This bespoke eye contouring treatment will treat your delicate and fragile eye contour for better resistance and visible fatigue-reducing effects using the "Miraculous" cream by Lakshmi.

45 min

£60

Detox Deep Cleansing

Classic cleansing, steaming, exfoliating and extracting techniques combined with two masks, one purifying and one detoxifying to cleanse deep into your skin, helping to balance out excesss oil. This will release impurities from your skin.

50min

£70



B E A U T Y

F A C I A L S

Body Treatments

Garshan Treatment

An intensive treatment performed with special gloves against cellulite. This treatment reduces fluid and toxic stagnation with help of herbal and fruit-based oils.

60min

£90

Detox Shaping Body Treatment

Bespoke treatment tailored to your needs. Our therapist will use massage muds and specific products with personalized massage techniques to deeply detoxify your body.

60min

£90

Body Salt Scrub

Bespoke salt scrub treatment with cleansing properties, the ideal treatment for skin detoxification.

30 min

£45

Hot Wax

Full legs **£35**

Bikini **£20**

Upper Lip **£8**

Men Waxing

Upper body front **£30**

Upper body back **£30**

Legs **£50**



B E A U T Y

B O D Y

Manicure (Vinylux or Faby)

File & Polish

20min £20

Flash Manicure

Dry Manicure, File, cuticle work and polish

30min £30

Signature Manicure

File, cuticle work, exfoliation, polish and cream

45min £35

Deluxe Manicure

File, cuticle work, exfoliation, mask, massage, polish

60min £55

Manicure Gel (Shellac or Faby)

Signature Gel Manicure

File, cuticle work, Gel application, exfoliation and cream

45min £40

Deluxe Gel Manicure

File, cuticle work, Gel application, exfoliation, mask and massage

60min £55

Pedicure (Vinylux or Faby)

File & Polish

25min £25

Flash Pedicure

Dry Pedicure, File, cuticle work and polish

30min £35

Signature Pedicure

File, cuticle work, exfoliation, dead skin removal and cream

50min £55

Deluxe Pedicure

File, cuticle work, exfoliation, dead skin, mask and massage

60min £60

Pedicure Gel (Shellac or Faby)

Gel Pedicure

File, cuticle work, Gel application, exfoliation and cream

30min £45

Deluxe Gel Manicure

File, cuticle work, Gel application, exfoliation, mask and massage

50min £65



In Shambala our Spa Manager has personally selected Lakshmi beauty products for our spa.

Lakshmi has developed a line of absolutely extraordinary cosmetics by combining the wisdom of Ayurveda, Naturopathy and Aromatherapy with the most advanced cosmetic knowledge, the organic natural products and the essential oils to bring beauty and excellence to skin of all types based on the Doshas (Vata, Pitta or Kapha).

For over twenty years Lakshmi has been producing more than 300 Certified Eco-Organic products, not tested on animals. Showing coherence and commitment to its ethical values.

